

2026- 2027
School Year

SEPTEMBER MENU

Elementary &
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Beef Pizza, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk	2 BREAKFAST: Snack Bread, Toast/Cereal, Fruit, Milk LUNCH: Orange Chicken, Rice, Broccoli, Dinner Roll * Tea Roll, Fruit, Milk	3 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Hamburgers, French Fries, Baked Beans, Tomato Slices, Fruit, Milk	4 BREAKFAST: Yogurt Parfaits, Toast/Cereal, Fruit, Milk LUNCH: Chicken Alfredo Glazed Carrots, Winter mix Veggies* Garlic Toast, Fruit, Milk
7 CLOSED FOR LABOR DAY No School	8 BREAKFAST: Breakfast Bagel Toast/Cereal, Fruit, Milk LUNCH: Tacos w/toppings Black Bean Salsa* Corn, Red Peppers, Rice Krispie Bar* Fruit, Milk	9 BREAKFAST: Iced Long Johns, Toast/Cereal, Fruit, Milk LUNCH: Creamed Chicken over Biscuits, Mashed Potatoes, Green Peas, Fruit, Milk	10 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Corn dogs, Baked Beans, Crinkle Cut Fries, Radishes* Fruit, Milk	11 BREAKFAST: Breakfast Egg Scramble, Toast/Cereal, Fruit, Milk LUNCH: Pizza Crunchers, Buttered Carrots, Cauliflower, Cookie, Fruit, Milk
14 BREAKFAST: Breakfast Pizza Toast/Cereal/ Fruit, Milk LUNCH: Breaded Chicken Patty on Bun, Shred. Lettuce, Sliced Tomatoes* Potato Wedges, Broccoli Fruit, Milk	15 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Lasagna, Garlic Breadsticks Lettuce Salad, w/ Tomatoes, Buttered Carrots, Fruit, Milk	16 BREAKFAST: Mini Donuts(E) Donut Holes, Toast/Cereal, Fruit, Milk LUNCH: Cheddarwurst on Bun, Baked Beans, California Blend Veggie, Fruit, Milkxp	17 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Deep Dish Pizza, Corn Baby Carrots, Cookie* Fruit, Milk	18 BREAKFAST: Eggo Waffles, Toast/Cereal, Fruit, Milk LUNCH: Popcorn Chicken, Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk
21 BREAKFAST: Yogurt Parfaits, Toast/Cereal, Fruit, Milk LUNCH: Beef Nachos, Broccoli, Shredded Lettuce, Tomatoes Fruit, Milk	22 BREAKFAST: Breakfast Burrito Toast/Cereal, Fruit, Milk LUNCH: Pulled Pork on bun, Mac-N-Cheese, Green Beans, Coleslaw, Fruit, Milk	23 BREAKFAST: Iced Long Johns Toast/Cereal, Fruit, Milk LUNCH: Cheesy Breadsticks w/ Meat Sauce, Lettuce Salad w/Grape Tomatoes, Garlic Veggies, Fruit, Milk	24 BREAKFAST: Muffins Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Tomato Soup, Grilled Cheese Sandwich, Baby Carrots, Cottage Cheese, Fruit, Milk	25 BREAKFAST: Scrambled Eggs & Sausage Links/Toast/Cereal, Fruit, Milk LUNCH: Hot Dog, Crinkle Cut Fries (H.S.) Baked Beans, Cauliflower, Fruit, Milk
28 BREAKFAST: Colby Cheese Omelet, Toast/Cereal, Fruit, Milk LUNCH: Chicken Strip Wrap, Shred.Lettuce, Tomatoes Glazed Carrots, Cucumbers Fruit, Milk	29 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Crisпитos, Buttered Carrots, Crispy Refried Beans Shred.Lettuce, Tomatoes, Cookie HS Fruit, Milk	30 BREAKFAST: French Toast Sticks, Toast/Cereal, Fruit, Milk LUNCH: Spaghetti and Meatsauce, Breadsticks, Lettuce Salad, Grape Tomatoes, Fruit, Milk	SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL	

All bread and buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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*Ms/Sr High only, E = Elementary on
FF = Finger Foods

2026-2027
School Year

OCTOBER MENU

Elementary &
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH			1 BREAKFAST: Muffin/Toast Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Turkey & Ham Subs, Baked Beans, Tomatoes Slices, Shred. Lettuce, Chips, Fruit, Milk	2 BREAKFAST: Scr. Eggs & Ham, Toast/ Cereal Fruit, Juice, Milk LUNCH: Salisbury Steak, Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk
5 BREAKFAST: Sausage, Egg Croissant, Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Wings, Cheesy Potatoes Celery/Baby Carrots, Cookie, Fruit, Milk	6 BREAKFAST: Muffin/Toast/ Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Cheese Pizza(E) Beef Pizza* Lettuce Salad, Grape Tomatoes, Garlic Butter Veggies, Fruit,	7 BREAKFAST: Snack Bread, Toast/Cereal, Fruit, Juice, Milk LUNCH: Orange Chicken, Rice, Broccoli, Cauliflower, Dinner Roll* Tea Roll (E) Fruit, Milk	8 BREAKFAST: Muffin/Toast/ Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Hamburger, French Fries, Baked Beans, Tomato Slices, Fruit, Milk	9 BREAKFAST: Yogurt Parfaits, Toast/ Cereal, Fruit, Juice, Milk LUNCH: Chicken Alfredo, Glazed Carrots, Winter Mix Veggie, Garlic Toast, Fruit, Milk
12 No School	13 BREAKFAST: Br. Bagel/Toast/ Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Tacos, Black Bean Salsa* Corn, Shred. Lettuce, Diced Tomatoes, Red Peppers, Fruit Milk	14 BREAKFAST: Iced Long John/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Creamed Chicken over Biscuit, Mashed Potatoes, Green Peas, Fruit, Milk	15 BREAKFAST: Muffin/Toast/ Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Corn Dogs, Baked Beans, French Fries, Radishes* Fruit, Milk	16 BREAKFAST: Scrambled Eggs w/ Bacon & Cheese, Toast/ Cereal, Fruit, Juice, Milk LUNCH: Pizza Crunchers, Buttered Carrots, Cauliflower, Cookie, Fruit, Milk
19 BREAKFAST: Breakfast Pizza Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Chicken Patty on Bun, Potato Wedges, Broccoli, Shred. Lettuce, Tomato Slices, Fruit, Milk	20 BREAKFAST: Muffin, Toast/ Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Lasagna, Garlic Bread, Lettuce Salad w/ Grape Tomatoes, Glazed Carrots, Fruit, Milk	21 BREAKFAST: Donut Holes * Mini Donuts (E) Toast/Cereal, Fruit, Juice, Milk: LUNCH: Hot Ham & Cheese on Bun, Baked Beans, California Blend Veggies, Fruit, Milk	22 BREAKFAST: Muffin/Toast/ Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Wild Mikes Pizza, Corn, Celery & Carrots, Cookie,* Fruit, Milk	23 BREAKFAST: Waffles w/Sryup Toast/Cereal Fruit Juice, Milk LUNCH: Popcorn Chicken, Mashed Potato, Gravy, Green Beans, Tea Roll, Fruit, Milk
26 BREAKFAST: Yogurt Parfaits, Toast /Cereal, Fruit, Juice, Milk LUNCH: Beef Nachos, Spanish Rice, Broccoli, Diced Tomatoes, Shred. Lettuce, Fruit, Milk	27 BREAKFAST: Breakfast Burrito, Toast/Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Pulled Pork, Mac & Cheese, Green Beans, Coleslaw*, Fruit, Milk	28 BREAKFAST: Iced Long John/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheesy breadsticks and Meat Sauce, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk	29 BREAKFAST: Muffin. Toast/ Yogurt/Cereal, Fruit, Juice, Milk LUNCH: Tomato Soup, Grilled Cheese, Buttered Carrots, Cottage Cheese, Fruit, Milk	30 BREAKFAST: Scrambled Eggs Saus. Links, Toast/ Cereal, Fruit, Juice, Milk LUNCH: Hot Dog on Bun, Baked Beans, French Fries, Cucumbers, Fruit, Milk

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